

# MercEmail A Weekly Devotional by Steve Higginbotham

## Changing Tastes

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Have you ever heard anyone complain about airline food? I'm sure many of you have, but the airlines aren't necessarily to blame. Did you know that our tastes change depending upon our altitude? That's right. Food that you may enjoy eating in your favorite restaurant, if served on an airplane at 35,000 feet would not taste the same. This is due to a decreased sense of smell and a reduction in taste bud sensitivity humans experience at that altitude.

When I learned this truth, I couldn't help but reflect upon how the same thing happens to us within the spiritual realm. When we embark on a quest to be more and more like Jesus, we sometimes find ourselves in "thin air." As we pursue godliness, we'll find ourselves reaching new heights of spiritual maturity, and consequently, we will no longer have a "taste" for many of the things we once found enjoyable. The nearer we are to God, the things of earth will have less and less appeal.

My prayer is that we will all reach spiritual heights that will cause our "tastes" to change.