

# mercEmail

*"He delights in mercy" (Micah 7:18)*

## Think & Do Better

by Steve Higginbotham

It's that time of year again. You know, when you sit down and make resolutions for the new year. Sadly however, most of the resolutions we make are not kept, and even more sad is the shallowness of the resolutions we make.

I believe it would be a pretty safe guess that "losing weight" would be at the top of the new year's resolution list. I'm sure you've heard about the woman who saw her husband standing on the scales, sucking and pulling in on his stomach. Bemused by all of this, she sarcastically said to her husband, "Honey, you know that's not going to help." To which he replied, "Sure it is, this way I can read the numbers." Well, losing weight is all well and good, but don't you think that in the grand scheme of things, it's a rather shallow resolution?

Read Psalm 119:59-60. Here the psalmist gives us a framework for resolutions. If I may summarize, he said:

1. Give some thought to your life.
2. Measure it against the word of God.
3. And don't waste time implementing your improvements.

As you begin this new year, may I encourage you to **think & do better**. Get beyond the trivial and look to the eternal as you make your resolutions.